

<b>BACK SQUATS</b>	1	<b>Erin Murphy '16 - 245 lbs.</b> <b>Merion Mercy Academy, PA</b>
	1	<b>Allison Glass '17 - 245 lbs.</b> <b>South Side HS, NY</b>
	2	<b>Joanne Josephson '16 - 225 lbs.</b> <b>Massapequa HS, NY</b>
<b>BENCH PRESS</b>	1	<b>Laurainne Ojo-Ohikuare '14 - 125 lbs.</b> <b>Montclair Kimberley Academy, NJ</b>
	2	<b>Shannon Hubert '19 - 120 lbs.</b> <b>Ramapo HS, NJ</b>
	2	<b>Maggie Enestvedt '20 - 120 lbs.</b> <b>Cretin-Derham HS, Minn</b>
<b>VERTICAL JUMP</b>	1	<b>Kelly Tornetta '19 - 22 in.</b> <b>Pope John Paul II, PA</b>
	1	<b>Maggie Enestvedt '20 - 22 in.</b> <b>Cretin-Derham HS, Minn</b>
	2	<b>Kat Boll '18 - 21 in.</b> <b>Seacrest Country Day School, FL</b>
<b>APPROACH TOUCH</b>	1	<b>Kelly Tornetta '19 - 28 in.</b> <b>Pope John Paul II, PA</b>
	2	<b>Gabby Neuman '20 - 26.5 in.</b> <b>West Career and Technical Academy, NEV</b>
	3	<b>Kat Boll '18 - 26 in.</b> <b>Seacrest Country Day School, FL</b>
<b>3 CONE AGILITY</b>	1	<b>Vanessa Pulice '16 - 4.1 sec.</b> <b>Morris Knolls HS, NJ</b>
	2	<b>Elizabeth Garrison '17 - 4.46 sec.</b> <b>Susquehannock HS, PA</b>
	3	<b>Kelly Tornetta '19 - 4.58 sec.</b> <b>Pope John Paul II, PA</b>
<b>SIT-UPS</b>	1	<b>Shannon Hubert '19 - 70</b> <b>Ramapo HS, NJ</b>
	2	<b>Allison Glass '17 - 67</b> <b>South Side HS, NY</b>
	3	<b>Vanessa Pulice '16 - 64</b> <b>Morris Knolls HS, NJ</b>